

2010 Katrina Relief Trip--A Joint Venture of DFLLC & WCT



Overview and Details

Where will we go?

- *LESM (Lutheran Episcopal Services in Mississippi) on The Bay* in Bay St. Louis, MS
- For more information and pictures, visit them online at www.lesmonthebay.org

How will we get there?

- Air travel will be provided on AirTran from New York to New Orleans
 - Drivers are needed to and from the airport in New York
 - There is **NO** baggage allowance. Checked bags cost extra (\$15 – 1st bag, \$25 – 2nd bag). Please check Airtran.com for latest pricing.
 - Departure is Saturday **Feb 13, 2010** -- Return is Saturday **Feb 20, 2010**
- Minivans/SUVs will be rented for travel during the trip
 - Each will transport between 5 and 7 people
 - Drivers are needed, please let us know if you are interested

Where will we stay?

- LESM provides room and board for a weekly fee included in the trip cost



- Accommodations are in gender specific and houses about 60 people
 - No one from the opposite sex is allowed in a hut—including parents—no exceptions
 - Huts are climate controlled for both heat and cold
 - Beds are double bunk cots; you provide your own pillow and sleeping bag/linens
- There are separate trailers housing gender specific bathrooms and showers
 - You provide your own towels, washcloths, and toiletries



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What will we eat?

- LESM provides three meals daily for all volunteers
 - Breakfast is served with Continental style items (cereal and milk, oatmeal, fruit, muffins, granola bars)
 - Lunch is prepared by each participant in the morning and brought to the work site. Generally sandwiches of lunch meats (turkey, ham, etc), cheese, peanut butter and jelly.

- Dinner is served at 6:00 pm. Both local fare, such as red beans and rice with sausage, along with traditional meals like spaghetti and meat balls, salads, vegetables and bread.
- Snacks are available, including cookies, chips, and fruit
- Beverages include bottled water, fruit punch, lemonade, milk, orange juice and coffee
- No food may be brought in to LESM, though specific dietary restrictions may be accommodated with advanced notice
- Absolutely NO food is allowed in the Huts—no exceptions

What will we do?

- The work week is Monday through Friday. Our first Sunday will be a day of recreation and possible sightseeing in New Orleans
- A Typical Work Day
 - Volunteers will have Camp Duties daily, including cleaning, meal preparation, trash removal, etc.

6:00 a.m.	Lights On
6:15 – 7:00 a.m.	Breakfast Served
7:00 a.m.	Morning Meeting
7:00 a.m. – 12:00 p.m.	Work Period
12:00 – 1:00 p.m.	Lunch at Work Site
1:00 – 3:30 p.m.	Work Period
4:00 – 5:00 p.m.	R&R, Shower, etc.
5:00 -5:45 p.m.	Evening Meeting (next day job assignments) All volunteers are asked to attend a discussion of the day which will conclude with an invitation to worship/prayer services. (Friday: There will be a Shabbat t'filah)
6:00 – 7:00 p.m.	Dinner Served
7:00 – 8:00 p.m.	Clean-Up (pre-assigned by group, kitchen & bathrooms (will be closed for cleaning))
9:00 p.m.	Quiet Outside
10:00 p.m.	Lights Out

- Be prepared to work hard and to be highly rewarded
- Jobs include both construction and demolition--Painting, scraping, hanging sheetrock, removing debris, roofing, flooring, gutting houses, yard work
- Please let us know if you have particular skills in plumbing or electrical work. Work can be assigned that will take advantage of these skills.
- Patience and Flexibility are absolute musts for this trip.

What will the trip cost?

- The cost of this rewarding trip is \$690 per person

- Cost includes all air and land transportation, lodging and meals at LESM, and materials needed to work
- Cost does **not** include meals outside of MOB or any personal expenditures you choose to make for yourself or airline baggage fees
- There are some members looking into a driving option (20+ hours) which would cut the cost roughly in half. If this is something you might be interested in, please let us know.
- There is a \$100 non-refundable deposit
- We **MUST** have your deposit by November 30th, 2009, to guarantee your spot on the trip.

What do we bring?

- Sleeping bag or bed linens, pillow and pillow case
- Towel, washcloth and toiletries
- Leave your hair dryers at home – the electrical circuits are limited, and they are not permitted.
- Hard soled shoes (preferably work boots) -- a **MUST**. You may also want to bring an alternate pair of shoes for evenings.
- Clothes for 7 days -- pack light
 - Two pairs of jeans and a few work shirts or t-shirts to work in during the day (expect them to be dirty and possibly ruined)
 - Another pair of pants and clean shirts to wear in the evening
 - Pajamas
 - A light jacket-- temperatures can vary from very warm to very chilly, it may be rainy
 - A journal to record your journey, both physical and spiritual
 - There are no laundry facilities
- Bug repellent, sun screen if desired
- Personal Electronics may be brought at your own risk
 - There are very few electrical outlets and adults will have priority
 - Cell phones will take priority over iPods and gaming devices

Other points to remember...

- Medical and liability release forms will be required from all adult volunteers and parents/guardians of all teen volunteers
- Other volunteer groups will be on site; we form and work as one community
- Remember who you represent--appropriate behavior will be expected
- Safety first!--use common sense, especially when working with power tools, climbing, or doing demolition
- The logistics of coordinating so many people can be challenging -- cooperation is a must, patience and a sense of humor also help.